Sample Program Outline – Twilight Session

Timing of session: 2 hours

Prior to participants’ arrival:

- Set up gathering space: arrange chairs; set up prayer focus; set up and test any technology to be used; put on some quiet music
- If required, set up a welcome station with sign-on sheets and name tags
- Distribute any handouts/booklets needed to begin or have them ready to distribute as required
- Pause and pray

On participants’ arrival:

- Meet and greet
- Check that everyone is familiar with venue and access to bathrooms
- Direct to any refreshments being served

Sample timing:

5 mins   Welcome; introduction of facilitator/s; introduction of focus theme
5 mins   Introduce Boundary Markers
10 mins  Invite participants to introduce themselves to the group
10 mins  Ice-Breaker activity/ies
10 mins  Prayer

20 mins  Stimulus item/activity (poem / input / reading / film etc)
20 mins  Response to the stimulus
20 mins  Sharing responses in small groups
10 mins  Whole group drawing together / looking ahead / sharing
10 mins  Closing prayer